GenomEra test for rapid detection of Staphylococcus aureus and MRSA in blood culture

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 Locates on the coast in western Finland

Population ~170 000

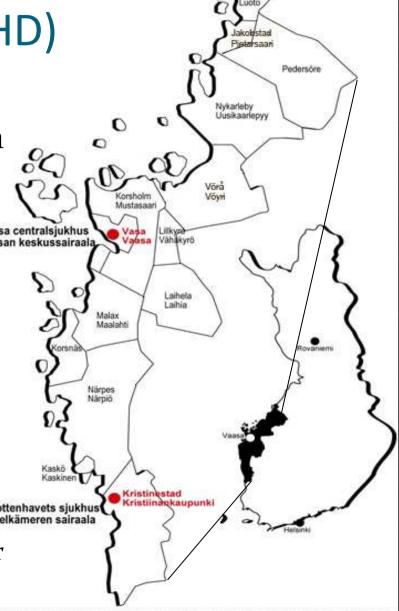
Vaasa Central Hospital (VCH)

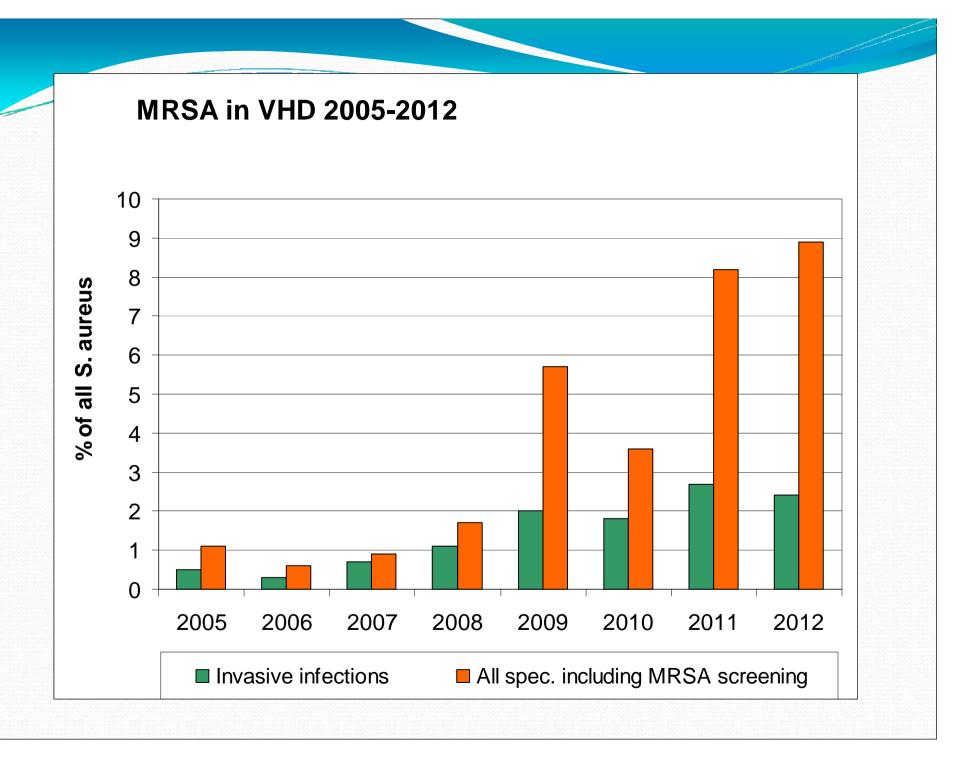
Dept. of Clinical Microbiology

 Microbiological samples per year ~80 000

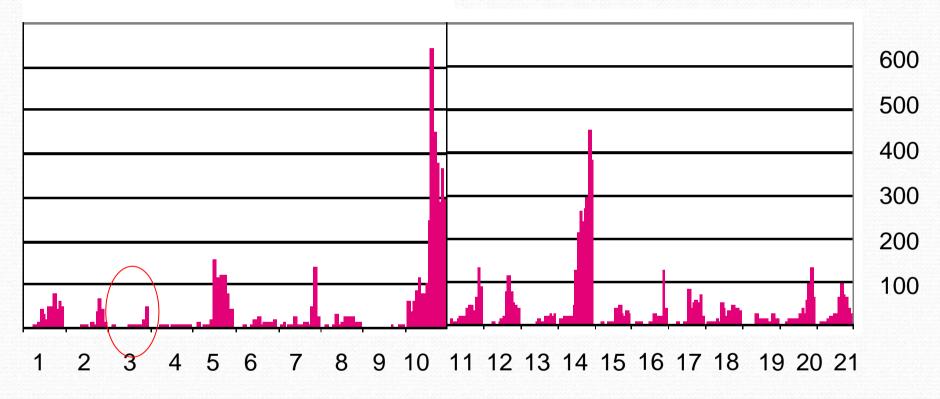
 MRSA screening samples ~5000 per year

Blood culture samples ~7500 per year





MRSA (new cases) in Finland 1995-2009



1=K-Sshp, 2=E-Pshp, 3=Vaasan shp, 4=K-Pshp, 5=P-Pshp, 6=Kainuun shp, 7=L-Pshp, 8=Lapin shp, 9=Ahvenanmaa, **10=HUS**, 11=V-Sshp, 12=Satakunnan shp, 13=K-Hshp, **14=Pshp**, 15=P-Hshp, 16=Kymenlaakson shp, 17=E-Kshp, 18=EI-Sshp, 19=I-Sshp, 20=P-Kshp, 21=P-Sshp

Methicillin resistant S. aureus (MRSA) in VHD

- Circulating strains diverse (10 different genotypes)
 - Several small outbreaks in the area
 - Incidence increasing
- Low level oxacillin / cefoxitin resistance among MRSA isolates (oxacillin MIC < 4 mg/L)
 - Difficulties in phenotypic detection
- Also borderline resistant (oxacillin MIC ~2-4 mg/L)
 BORSA isolates in the region

Screening of MRSA in VCH

- Combined selective and enrichment culture
 - Incubation at minimum 18h
- Phenotypic confirmation of possible MRSA
 - Additional 18h
- Difficulties differentiating low level oxacillin / cefoxitin resistant MRSA isolates from BORSA strains
- Reliable MRSA confirmation only by detecting the S. aureus specific and mecA genes
- However, no PCR facilities (no space)
 - Confirmation extremely slow (2–5 days)



Evaluation of GenomEra, a new automated PCR system



- Participated in an evaluation project of a new PCR assay for MRSA confirmation
 - GenomEra MRSA/SA Diagnose test
 - Minimal preparation requirements of samples, easy-to-use run protocol, safe to handle and dispose
- Closed system, no requirements for separate PCR facilities
 - Simultaneous detection of S. aureus specific and mecA genes, analyses 1–4 samples in 50 minutes

The total turn-around time is less than 60 minutes

- First a performance study with known MRSA and non-MRSA isolates
- Assay runs from different isolates on different agar plates

- Second a suitability study for routine use
- In combination with preliminary screening with selective agar plates

Results of the evaluation

Hirvonen et al. Rapid confirmation of suspected methicillin-resistant *Staphylococcus aureus* colonies on chromogenic agars by a new commercial PCR assay, the GenomEra MRSA/SA Diagnose. **Eur J Clin Microbiol Infect Dis 2012** 31(8):1961-1968.

Study included:

- 304 MRSA isolates (68 different spa types)
- 146 non-MRSA staphylococci
- Assay sensitivity and specificity for MRSA confirmation 100%
- 4 samples within 50 minutes (32 / 8h workday)
- Combined screening practise permitted MRSA detection and confirmation within 24 h

Improvements in MRSA detection

- Significant improvement in speed
 - Confirmation of suspected MRSA growth within 50 minutes
 - Confirmation of MRSA colonization within 24 h
- Laboratory costs remained stable
 - No need for routinely used biochemical confirmatory tests, due to the reliable detection of *S. aureus* and *mecA*
 - Decreased hands-on time and faster result interpretation
- No extra space requirements
- High interest to get a similar test for the urgent sepsis patients

Use of GenomEra in rapid detection of MRSA and MSSA in blood cultures

S. aureus bacteremias

- *S. aureus* is the second most common cause of bacteremia in Finland (SIRO materials)
- High morbidity and mortality rates
- MRSA proportion ~4%

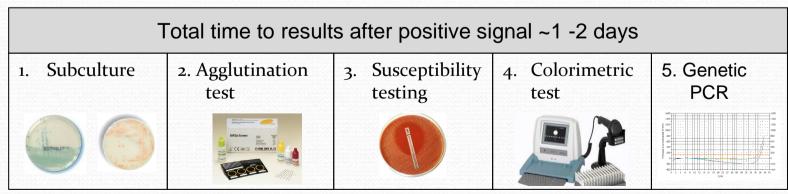
Bacteremias caused by other staphylococci

- Most common cause
- MR proportion ~50%



Routine methods

- After positive signal from blood culture automate
 - Gram-staining and microscopy (~10 20 minutes)
- If gram positive cocci in clusters
 - Biochemical tests, susceptibility testing and basic cultures (hands-on time ~10 - 30 minutes, total turnaround time 16 - 24 hours)
- If any problems with any of the tests
 - Additional testing (hands-on time ~10 30 minutes, total turn-around time 16 - 24 hours)





Signal-positive blood culture





Step 1. Transfer a drop of sample from the positive blood culture bottle into the buffer tube



Step 2. Pipette 35 µl of the sample buffer solution to the test chip



Step 3. Start the GenomEra CDX assay run



Results for 4 patients are obtained in 50 minutes

BC diagnostics with GenomEra assay

- After positive signal from blood culture automate
 - Gram-staining and microscopy (~10 - 20 min.)
- If gram positive cocci in clusters
 - GenomEra MRSA/SA assay, (hands-on time ~1 minute, total turn-around time 50 minutes)
 - Susceptibility testing and basic cultures (hands-on time ~10 – 20 minutes, total turn-around time 16 – 24 hours)

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 Total time to MSSA, MRSA and MRCoNS detection after positive signal ~1 h

Rapid detection of MRSA and MSSA in blood cultures

Hirvonen et al. One-step sample preparation of positive blood cultures for the direct detection of methicillin-sensitive and resistant *Staphylococcus aureus* and methicillin-resistant coagulase-negative staphylococci within one hour using the automated GenomEra CDX[™] PCR system. **Eur J Clin Microbiol Inf Dis 2012** 31(10):2835-2842

Study included:

- 725 positive blood culture samples
 - 419 grampositive cocci in clusters
 - (159 MSSA, 9 MRSA ja 133 MRCoNS)
 - 316 other microbes
- 24 negative blood culture samples
- Sensitivity: 99.4% (MSSA), 100.0% (MRSA) and 99.3% (MRCoNS)
- Specificity: 99.8%

Next GenomEra tests in routine and evaluation in VCH?

Direct molecular screening of toxigenic

Clostridium difficile

- GenomEra *C. difficile* evaluation poster at ECCMID 2013
- Fecal specimens screened with GenomEra
- Results compared to toxigenic culture
 - Simple sample preparation and rapid target detection when using GenomEra (50 min assay run, total turn around time < 1 h)
 - Toxigenic culture requires 2 d enrichment and more laborious sample analysis

	Positive	Negative
Total samples (<i>n</i> =200)	47	153
	Sensitivity	Specificity
	100.0%	100.0%

Direct MRSA swab screening evaluation

- Ongoing evaluations to change existing practices
 - Sensitivity of high importance
- Excellent NPV
- Cost efficiency important
 - Isolation day costs vs. total test costs



The near future blood culture and other evaluations?

- Streptococcus pneumoniae
- Streptococcus agalactiae (GBS)
- *E. coli* vs. other species
- VAN A & B
- CTX-M
- *KPC*
- NDM
- VIM

Thank you